

DAYTIME MENU

Our daytime menu is available from 9 am to 4 pm

SHAKSHOUKA (V) £8.90

A traditional Mediterranean dish of tomato, peppers, garlic, onions, and a hint of mixed herbs two fried eggs, served with bread.

- + Feta cheese £1.50
- + Spiced Turkish Sucuk £1.80
- + Mozzarella £1.60

FRY UP £7.90

Egg, Sausage, Bacon, Hashbrown and Baked Beans served with bread and butter.

FULL ENGLISH BREAKFAST £10.90

A full English breakfast made from two sausages, bacon, two fried eggs, mushroom, cherry tomatoes, baked beans and two hashbrowns served with bread and butter.

SEA BREEZE BREAKFAST £11.90

Breakfast made from two poached eggs, smoked salmon, grilled mozzarella, tomatoes, sliced avocado, baked beans and two hashbrowns served with bread and butter.

MEDITERRANEAN BREAKFAST £10.90

Mediterranean style spread with two fried eggs, garlic beef spicy sausage (Sucuk), olives, tomatoes, cucumber, sliced avocado, feta cheese, mozzarella, mixed leaved, honey served with bread.

VEGETARIAN BREAKFAST (V) £9.90

Two eggs, mushroom, tomatoes, mozzarella, hushbrown, baked beans, spinach, mixed leaved, served with bread.

KID'S ENGLISH BREAKFAST £5.90

Scrambled egg, two hushbrowns, sausage and beans.

GRANOLA (V) £7.90

Banana, mixed fruit and granola on a bed of yoghurt.

FRUIT PANCEKES £7.50

Mix fruits, morple syrup.

NUTELLA PANCEKES £7.00

AFTERNOON TEA

Teacake with butter and jam £3.00
2 fruit or plain scones jam and butter £3.50

CROISSANTS

Butter and Jam £2.50
Cheese £4.00
Ham £4.00
Cheese and Ham £5.00

OMELETTES £7.90

Eggs omelettes served with chips and salad.

- +Mixed vegetables (peppers, tomato, onion and mushroom) £2.50
- +Bacon, sausage, tomato and mushroom £3.50
- +Ham £1.50
- +Smoked salmon and prawns £3.50
- +Cheese £1.00
- +Spinach £1.50

AVOCADO SMASHER £8.50

Slices of toasted sourdough bread. Covered in smashed avocado, grilled bacon, grilled halloumi.

POSH SOURDOUGH £9.50

Scrambled eggs on toasted sourdough bread, smoked salmon, mushrooms.

SMASH & EAT £8.50

Smashed avocado on toasted sourdough bread, 2 poached eggs, chilli flakes and lemon wedge.

EGGS ROYALE £9.50

2 poached eggs, smoked salmon, hollandaise sauce, served on toasted sourdough bread.

EGGS FLORENTINE £8.50

2 poached eggs, spinach, hollandaise sauce, served on toasted sourdough bread.

EGGS BLACKSTONE £8.50

2 poached eggs, 2 slices of crispy bacon, hollandaise sauce, served on toasted sourdough bread.

EGGS BENEDICT £8.50

2 poached eggs, ham, hollandaise sauce, served on toasted sourdough bread.

LITTLE BITES

- 3 scrumbled eggs on toast £5.00
- Mushroom on toast £5.00
- Beans on toast £5.00
- 2 poached eggs on toast £5.00

EXTRAS (only with breakfast)

- +Poached / fried egg £1.50
- +2 scrambled eggs £1.50
- +Bacon £1.50
- +Sausage £1.50
- +Mushroom £1.50
- +Feta cheese £1.50
- +2 Hashbrowns £1.50
- +Baked beans £1.50
- +Toast and butter £1.50
- +Smashed / Sliced avocado £2.80
- +Smoked salmon £2.80

BRUNCH

SALAD

Caesar

£8.00

Grilled chicken, mix leaf salad, Caesar dressing and Parmesan

Tuna

£8.00

Lettuce, cucumber, sweetcorn, dressing and touch of balsamic glaze

Prawns

£9.00

Mix leaf salad with prawns, tomato, onion, prawn cocktail sauce

Halloumi

£8.00

Mix leaf salad with grilled halloumi, tomato, onion, finished with dressing

Chicken and avocado

£9.00

Grilled chicken, slices of avocado, mix leaf salad, finished with dressing

SANDWICHES (served with salad)

Cheese mayo £4.50

Cheese and Tomato £4.95

Cheese and Onion £4.95

Cheese and Ham £4.95

Cheese, Tomato and Pesto £5.50

Ham salad £4.50

Tuna Mayo salad £5.50

Prawns salad mayo £5.50

Prawns and Avocado £6.00

Bacon lettuce tomato £6.95

Bacon and Egg £5.50

Bacon and Cheese £5.50

Bacon and Mushroom £5.50

Grilled Chicken £6.00

Chicken and Cheese £6.00

Chicken and Pesto £6.00

Smoked Salmon £7.00

PANINI (served with tortilla)

Cheese and Tomato £5.50

Cheese and Onion £5.50

Cheese and Ham £6.00

Cheese, Tomato and Pesto £5.50

Tuna sweetcorn Mayo £6.00

Tuna Cheese £6.00

Prawns and Avocado £6.50

Bacon and Egg cheese £6.50

Bacon and Cheese £6.00

Bacon and Mushroom £6.00

Chicken and Cheese mayo £6.50

Chicken and Pesto £6.95

BURGERS

CHEESE BURGER

£6.00

Tomato onion lettuce burger sauce

FARMHOUSE BACON & EGG

£9.00

Beef burger, onion, tomato, lettuce, burger sauce

MUSHROOM AND CHEESE

£9.00

Beef burger, onion, tomato, lettuce, burger sauce

GRILLED CHICKEN AND CHEESE

£7.00

Lettuce tomato mayo

HALLOUMI AND AVOCADO

£7.00

Lettuce and tomato

Add chips 3.50

PASTAS (Gluten free options)

PENNE ARRABIATA

£11.00

Garlic, tomato sauce & fresh chilli

SPAGHETTI CARBONARA

£12.00

Spaghetti pasta with chopped bacon in a creamy sauce

SPAGHETTI AGLIO (V) (VG)

£10.00

Olive oil, fresh chilli, garlic & chopped parsley

LINGUINE PESTO

£11.00

Traditional home made pesto sauce & creamy sauce

LINGUINE PICCANTE

£13.00

Mushrooms, sausage, fresh chilli, garlic, tomato sauce & cream

LINGUINE MARE

£15.00

Seafood, tiger prawns in tomato sauce & garlic

LINGUINE ALFREDO

£12.50

Chicken, mushrooms & creamy sauce

PIZZA

MARGARITA

£11.00

Cheese and tomato sauce

BOSCAIOLA

£13.00

Onion, bacon, mushrooms, cheese and tomato sauce

ORIENTAL DELIGHT

£13.00

Chicken, mushroom, mozzarella cheese and rocket

ORTOLANA

£12.00

Spinach, mixed vegetables, onion, cheese and tomato sauce

MARINARA

£14.00

Mussels, mixed seafood, garlic, cheese and tomato sauce

CALZONE (FOLDED PIZZA)

£15.00

Spinach, mushroom, ham, pepperoni, garlic mozzarella

MAIN MEALS

Served with chips and salad.

CHICKEN SKEWERS

£15.00

Marinated chicken cubes grilled on skewers

CHICKEN & BACON

£14.00

Chargrilled breast of chicken, bacon & topped with cheese.

CHICKEN PARMIGIANA

£15.00

Breast of chicken cooked in white wine, tomato sauce, topped with ham & cheese.

CHICKEN SEA

£16.00

Breast of chicken cooked with prawns, spinach, mushroom, with tomato sauce & cream

SEABASS

£16.00

Fillet of seabass cooked with cream, garlic & white wine.

SALMON

£16.00

Fillet of salmon, gently fried in chef's tomato sauce.

HADDOCK & CHIPS

£14.00

Buttered & deep fried haddock fillet served with chips & tartare sauce.

GRILLED RIBEYE

£23.00

Grilled ribeye cooked to your liking

LAMB CHOPS

£20.00

3 pieces marinated lamb chops

BEEF STROGONOFF

£20.00

Strips of beef cooked with onions, mushrooms, paprika, demi glace & cream sauce served with chips.



THE MENU

Starters

GARLIC BREAD	£4.50
GARLIC BREAD WITH CHEESE	£5.50
SOUP OF THE DAY	£5.50
BRUSCHETTA	£6.50
Garlic bread topped with freshly chopped tomatoes, onion & basil topped with a balsamic glaze.	
FRIED HALLOUMI	£7.50
Halloumi stick deep fried & served with sweet chilli sauce	
CALAMARI	£8.50
Deep fried squid served with a garlic mayonnaise dip.	
SAUTÉED MUSHROOM	£7.00
Mushroom sautéed in garlic, tomatoes, fresh chilli & white wine.	
MUSHROOM TRIFOLATI	£7.00
Breaded mushroom served with a garlic mayonnaise dip.	
PRAWN COCKTAIL	£8.00
Prawns, mixed leaves chef special sauce.	
TIGER PRAWNS	£9.00
Tiger prawns cooked in tomatoes, garlic, fresh chilli & white wine.	
MUSSELS	£9.00
Fresh mussels in tomato sauce, garlic & white wine.	
MARINIÈRE MUSSELS	£9.00
Fresh mussels in white wine, cream & garlic chef special sauce.	
CAPRESE SALAD	£7.50
Sliced tomatoes & mozzarella topped with onions and home made pesto sauce	
BOCCONCINO SALAD	£8.50
Tomato, avocado mixed leaves & mozzarella slices.	
DI MARE SALAD	£9.00
Sea food salad and mixed leaves.	
AVOCADO SALMON SALAD	£8.50
Avocado, smoked salmon & mixed leaves	

Burger

CHICKEN CHEESE BURGER	£10.50
BAMBOO CHEESE BURGER	£11.50

Pasta Gluten Free Options

SPAGHETTI AGLIO (V)(VG)	£11.00
Olive oil, fresh chilli, garlic & chopped parsley.	
SPAGHETTI CARBONARA	£12.00
Spaghetti pasta with chopped bacon in a creamy sauce.	
SPAGHETTI MUSSELS	£13.50
Fresh mussels cooked with cherry tomatoes sauce, garlic & fresh basil.	
LINGUINE PESTO	£12.00
Traditional home made pesto sauce & creamy sauce.	
LINGUINE PICCANTE	£13.00
Mushrooms, sausage, fresh chilli, garlic, tomato sauce & cream	
LINGUINE MARE	£15.00
Seafood, tiger prawns in tomato sauce & garlic.	
LINGUINE ALFREDO	£12.50
Bacon, mushrooms & creamy sauce	
LINGUINE VERDI (V)	£12.50
Broccoli & fresh asparagus in a creamy sauce.	
LINGUINE SALMON	£14.00
Smoked salmon with a touch of tomato sauce & cream.	
PENNE ARRABBIATA	£11.00
Garlic, tomato sauce & fresh chilli.	
PENNE VEGETARIAN	£11.00
Fresh vegetables, tomato sauce, garlic & herbs.	
PENNE BAMBOO	£14.00
Ham, tomato sauce, cream topped with chese.	
PENNE CON POLLO	£14.50
Chicken, bacon, tomato sauce & cream.	
PENNE SUGO DI CARNE	£15.00
Beef cooked with mushrooms, onions tomato sauce & garlic.	

Dessert

DESSERT OF THE DAY	£5.50
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THE MENU

Chicken

Served with choice of: vegetables & rice, vegetables & chips, salad & chips.

CHICKEN & BACON	£14.00
Chargrilled breast of chicken, bacon & topped with cheese.	
CREAMY CHICKEN	£15.00
Breast of chicken cooked in white wine and cream	
CHICKEN VEGETABLES	£16.00
Breast of chicken cooked in tomato sauce, cream, onion, mushroom & peppers topped with cheese.	
SURPRISE CHICKEN	£15.00
Breast of chicken cooked in white wine, tomato sauce, onion & fresh chilli.	
CHICKEN PARMIGIANA	£16.00
Breast of chicken cooked in white wine, tomato sauce, topped with ham & cheese.	
MUSHROOM CHICKEN	£16.00
Breast of chicken cooked in a mushroom cream sauce flavoured with white wine.	
BAMBOO CHICKEN	£16.00
Breast of chicken topped with fresh asparagus in white wine & cream sauce.	
CHICKEN SEA	£16.00
Breast of chicken cooked with prawns, spinach, mushroom, with tomato sauce & cream.	
CHICKEN SKEWERS	£16.00
Marinated chicken cubes grilled on skewers	

Pizza

MARGARITA	£11.00
Cheese and tomato sauce	
BAMBOO SPECIAL	£14.00
Cheese, beef sausage, tomato sauce	
BOSCAIOLA	£14.00
Onion, bacon, mushrooms, cheese and tomato sauce	
INGLESE	£14.00
Bacon, ham, cheese and tomato sauce	
HAWAIANA	£14.00
Bacon, Pineapple, cheese and tomato sauce	
ORIENTAL DELIGHT	£14.00
Chicken, mushroom, mozzarella cheese and rocket	
ORTOLANA	£13.00
Spinach, mixed vegetables, onion, cheese and tomato sauce	
MARINARA	£15.00
Mussels, mixed seafood, garlic, cheese and tomato sauce	
PIL PIL	£16.00
King prawns, chillies, garlic, cheese and tomato sauce	
CALZONE (FOLDED PIZZA)	£16.00
Spinach, mushroom, ham, pepperoni, garlic mozzarella	

Fish

Served with choice of: vegetables & rice, vegetables & chips, salad & chips.

SEABASS	£16.00
Fillet of seabass cooked with cream, garlic & white wine.	
SEABASS & TIGER PRAWNS	£18.00
Fillet of seabass cooked with tiger prawns, lemon, tomato garlic butter, fresh basil & white wine.	
SALMON	£18.00
Fillet of salmon, gently fried in chef's tomato sauce.	
TIGER PRAWNS	£20.00
Tiger Prawns panfried with chillies and tomato sauce.	
HADDOCK & CHIPS	£15.00
Buttered & deep fried haddock fillet served with chips & tartare sauce.	
BAMBOO PLATTER	£25.00
A mixture of king prawns, mussels, squid sauted in garlic, fresh chilli & white wine in a tomato sauce served with rice if desired.	

Steak

Served with choice of: vegetables & rice, vegetables & chips, salad & chips.

STEAK DIANA	£24.00
Flattened ribeye cooked in brandy, red wine, mushrooms, onion, cream, french mustard	
GRILLED RIBEYE	£23.00
Grilled ribeye cooked to your liking	
LAMB CHOPS	£20.00
3 pieces marinated lamb chops	

Meat

Served with choice of: vegetables & rice, vegetables & chips, salad & chips.

SPEZZATINO	£23.00
Cubes of beef cooked in tomato sauce, onion, mushrooms, fresh chilli and garlic.	
BEEF STROGONOFF	£20.00
Strips of beef cooked with onions, mushrooms, paprika, demi glace & cream sauce served with rice.	
SURF & TURF	£26.00
Strips of beef cooked with prawns, chopped onion, peppers, garlic, demi glace and cream sauce.	

ALLERGY STATEMENT: MENU ITEMS MAY CONTAIN OR COME INTO CONTACT WITH WHEAT, EGGS, NUTS, AND MILK. FOR MORE INFORMATION, PLEASE SPEAK WITH A MEMBER OF STAFF. ANY ALLERGIES BEFORE PLACING YOUR ORDER PLEASE TELL THE STAFF. THANK YOU